

ESSEX SCHOOL GAMES

PRINCIPLES

VISION

The Essex School Games will inspire ALL young people to develop healthy habits for life and have the confidence to discover their love of being active.

MISSION

From 2021 the School Games in Essex will enable ALL young people to enjoy physical activity, challenge themselves, compete and work with others, contributing in a positive way to their overall wellbeing.



LEARN
through being active

LEAD
and develop life skills

SAFE
environments

DEVELOP

Using sport and physical activity to test new ideas and approaches, specific to local young people's needs.

We will focus our support on children and young people who need it most, through a carefully designed personalised approach. Through continued development, the young people will enjoy happier, healthier lives and achieve their potential.

PARTICIPATE

Using sport and physical activity to build individual life skills including confidence, resilience, team-work and creativity.

Through participation, we aim to increase young people's life chances through greater attainment and achievement, improving their physical, social and emotional wellbeing and allowing them to lead a healthier lifestyle.

COMPETE

Giving young people the opportunity to represent their school and providing them with the chance to compete in and achieve their personal best.

We aim to provide each child with a positive experience in an environment where the young people's motivation, competence and confidence are at the centre of the competition.

COUNTY OFFER FOR ALL

To provide a range of opportunities and motivational experiences to allow schools to include and involve ALL young people in school sport and physical activity.

Building the confidence and competence in young people to enjoy being active through continued development of physical literacy skills.

