

Crib Sheet – Essex ActivAte – Delivery Partner

Organisation:

Arts Outburst Ltd

Club venue(s):

Chadwell St Mary Village Hall, Waterson Road, Grays. RM16 4NX

Which programme (school holiday) does this Crib Sheet relate to:

Primary Provision

Please provide a bit of background about your organisation:

Arts Outburst is a combined arts organisation based in Thurrock for 20 years and has recently become an NPO with Arts Council England. We provide activity programmes for children, young, people, adults and older people which are free at the point of access. We have recently submitted our application to become a CIO.

In the section below please provide details on:

- How long have you been involved in Essex ActivAte?
- What sessions/activities do you run within the programme?
- What food do you offer at your clubs?
- Why are these holiday clubs so important for the children and families you support?
- How have you found working with the Active Essex team?

We have been providing Primary and Secondary HAF provision in Grays since summer 2021 and Primary provision in Chadwell St Mary 2023. This year we have also provided Mental Health and Wellbeing Sessions. The relationship we have with the Essex ActivAte Team led to us being asked to provide provision in Aveley and Purfleet-on-Thames in Winter 2024, to fill gaps in the provision.

Our sessions include drama, dance, music and singing, arts and crafts and PE style games.

Food is provided by Wonderland Catering (a local 4* food provider) and adheres to school meal standards. We also provide fresh fruit and water. There is a hot meal daily along with a healthy pudding.

Thurrock is an area of deprivation and we know that families struggle through the holidays which is why we are passionate about providing these sessions and making sure that all the children and young people that attend have a quality experience including dance, drama, music, arts and crafts led by industry professionals. The children and young people attending ranged in age from 5 – 16 years of age and were a mix of genders.

We have a good relationship with the Essex ActivAte team and are able to contact them if we need to. We had successful visits where we are able to talk about any issues that we were experiencing and explain about the provision we offer.

Case study - can you give an example of when you've seen a child develop/try new things:

Our case study is a new young person to the provision, Mum had told us that they were having issues at School and lacked confidence, there were also some medical issues and the young person felt as if this set them apart from others.

We found that if we tailored the activities and took time to encourage, slowly they began to integrate into the group so that by the end they did not fear working and achieving with others. Mom has suggested that she has started to see her young person smile more, so small steps and we have encouraged them to try some further group activities in the area. The young person is a testament to how the individual nature of what we offer can realise the growth in confidence, even small successes can be huge wins. They also started to eat new foods that had never tried or refused at home.

Mom asked if we would be doing anything like this again and we have encouraged her to stay in touch and we will advertise all that we can for this area.

Quote(s):

'I ate food that was new and liked it. I liked the people and I liked coming' Participant

'I enjoyed working with these young people and watching their voices grow from the start to the end of the programme.' Facilitator

'It was really nice to come back and see my friends again.' Participant

'It is nice to see it growing as it is really needed.' Mom

If any links or tags should be made on social media, please add below:

www.artsoutburst.co.uk

<https://www.facebook.com/ArtsOutburst>

Please attach photos(s) to your email with this form, along with completed [photo consent forms](#) for every person in the photos(s).

Please email all Crib Sheets to haf@activeessex.org